



BOTH/AND – Extending the SF approach and keeping it simple

Karjalatalo, Kämpylänkuja 1, Helsinki

PROGRAMME 14.11. – 15.11.2017

Tuesday 10.00 – 17.30

9.30 – 10.00

Registration, Mingle and Coffee

Introductions

Both/and (1) – Talking and other means of communication

Both/and (2) – Changing and not changing

Lunch

Keeping it simple

Sharpening Ockham's Razor

Video examples

Practice

Coffee/tea

Eliciting detailed descriptions

Video

Practice

Using drawing in solution-focused practice – various activities

17.00 End of day one

Wednesday 9.00 – 15.30

9.00 – 9.15 Coffee break

“If music be the food of love, play on!”

Using music in solution-focused practice

Both/and (3) – Acknowledgement & Possibility

Videotape – the parents who rediscovered their strength

Practice

Lunch

Theory – Embodied and extended cognition

Practice – Using smartphones and movement in solution-focused practice

Coffee/tea

What else?

Reviewing our learning

Concluding words, pictures, songs, movements!

15.30 Home